



3 Bens Row
Brow Edge
Backbarrow

Cumbria, LA12 8QL

Tel: 015395 30507 or Mob 0770 9571282

office@ascenttraining.co.uk

www.ascenttraining.co.uk

Booking Form

Please use one form per person. Use block capitals throughout.

Bookings are confirmed on receipt of a completed booking form and a non returnable deposit of £50.

Personal Details

Title (Mr/Ms) _____ First Name _____

Surname _____

Age _____ Date of birth _____

Occupation _____

Address _____

Postcode _____

Telephone (home) _____

Telephone (work) _____

Mobile _____

Email _____

Please do not send course notes I will download from www.ascenttraining.co.uk

Medical conditions, allergies or significant disabilities

Recent injuries _____

Name and telephone number of emergency contact

Course Details

Course title _____

Course dates (1st choice) _____

Course dates (2nd choice) _____

Fees

The balance of the course fee is due four weeks before the start date.

A non returnable deposit of £50 per person should be sent with this completed and signed booking form.

Four weeks before the start of the course the remainder of the course fee should be sent.

I am aware that if I cancel more than four weeks before the course date the deposit is non refundable.

If I cancel 2 > 4 weeks before the course start I lose 75% of course fee.

If I cancel 1 > 14 days before the course start I lose 100% of course fee.

Full cost of course £ _____

Deposit enclosed £ _____

Please make cheques payable to 'Ascent Training'

I enclose £ _____ Deposit/Full payment

I am aware it is my responsibility to obtain personal insurance prior to the start of the course (see link page on www.ascenttraining.co.uk).

I acknowledge that bookings are accepted on the understanding that Ascent Training safety regulations are observed.

I accept that Ascent Training, is not under any liability whatsoever for loss or damage to personal property, not caused by the negligence or default of Ascent Training or instructors working with Ascent Training.

Participation in adventurous activities entails some risk of injury. Ascent Training and associate instructors are trained and fully qualified for the activity sessions they run and will at all times proceed in a manner to limit the risk of injury. However course candidates must accept that accidents and injury may occur.

Signature _____

Date _____

Equipment Required

In order to make your course as efficient as possible can you please let Ascent Training know what equipment you will need to borrow/hire and supply us with your sizes. We can then have equipment ready for you at the start of the course.

Personal clothing should be supplied by course members. Please refer to the kit lists situated within the Course Documents section on our website (www.ascenttraining.co.uk).

This is a generic form please disregard kit you do not require. Please state size or yes/no as required.

Boots (size)	_____	Caving oversuit (size)	_____
Rockboots (size)	_____	Wellington boots(size)	_____
Helmet	_____	Caving helmet	_____
Harness	_____	Caving belt	_____
Crampons	_____	Caving lamp and battery	_____
Ixe axe (walking/climbing)	_____	SRT kit	_____

I look forward to meeting you. Please do not hesitate to contact me if you have any questions.

Paul Platt